

ORIGINAL ARTICLE

A modal definition of ideal alveolar oxygen

Philip J. Peyton^{1,2,3} 

¹Department of Critical Care, Anaesthesia, Perioperative and Pain Medicine Program, Melbourne Medical School, University of Melbourne, Melbourne, Victoria, Australia

²Department of Anaesthesia, Austin Health, Melbourne, Victoria, Australia

³Institute for Breathing and Sleep, Melbourne, Victoria, Australia

Correspondence

Philip J. Peyton, Department of Anaesthesia, Austin Health, Heidelberg 3084, Melbourne, Victoria, Australia.
Email: phil.peyton@austin.org.au

Funding information

Australian and New Zealand College of Anaesthetists (ANZCA), Grant/Award Number: DJ/006

Abstract

In the three-compartment model of lung ventilation-perfusion heterogeneity (VA/Q scatter), both Bohr dead space and shunt equations require values for central “ideal” compartment O₂ and CO₂ partial pressures. However, the ideal alveolar gas equation most accurately calculates mixed (ideal and alveolar dead space) PAO₂. A novel “modal” definition has been validated for ideal alveolar CO₂ partial pressure, at the VA/Q ratio in a lung distribution where CO₂ elimination is maximal. A multicompartment computer model of physiological, lognormal distributions of VA and Q was used to identify modal “ideal” PAO₂, and find a modification of the alveolar gas equation to estimate it across a wide range of severity of VA/Q heterogeneity and FIO₂. This was then validated in vivo using data from a study of 36 anesthetized, ventilated patients with FIO₂ 0.35–80. Substitution in the alveolar gas equation of respiratory exchange ratio R with modal R = $R - (1 - \text{PETCO}_2 / \text{PaCO}_2)$ achieved excellent agreement ($r^2 = 0.999$) between the calculated ideal PAO₂ and the alveolar-capillary Pc'O₂ at the modal VO₂ point (“modal” Pc'O₂), across a range of log standard deviation of VA 0.25–1.75, true shunt 0%–20%, overall VA/Q 0.4–1.6, and FIO₂ 0.18–1.0, where the modeled PaO₂ was over 50 mm Hg. Modal ideal PAO₂ can be reliably estimated using routine blood gas measurements.

1 | INTRODUCTION

Heterogeneity of alveolar ventilation (\dot{V}_A) and blood flow (\dot{Q}) ratios across the lung (\dot{V}_A / \dot{Q} scatter) is commonly described using the three-compartment or “Riley” model, described over 75 years ago. This simple model depicts all alveolar-capillary lung gas exchange taking place within a theoretical, central, “ideal” lung compartment which has uniform blood flow and ventilation. The ideal compartment sits between an unperfused alveolar dead space compartment and a third, unventilated, venous admixture, or shunt compartment. (Riley et al., 1946) This framework provides two simple and familiar mixing equations that allow \dot{V}_A / \dot{Q} scatter to be quantified, the Bohr dead space equation, and the shunt equation of Berggren (Berggren, 1942; Bohr, 1891).

Solution of the Bohr equation and the shunt equation requires a value for the alveolar partial pressure of carbon dioxide (CO₂) or oxygen (O₂), respectively, in the ideal compartment. However, there have always been difficulties in defining ideal alveolar gas partial pressure within this model. The Enghoff modification of the Bohr equation substitutes this unknown quantity with arterial CO₂ partial pressure (PaCO₂) as a readily measurable approximation for ideal alveolar CO₂ partial pressure, but PaCO₂ in fact represents the combined CO₂ content of the theoretical ideal and shunt compartments (Enghoff, 1938).

Estimation of ideal alveolar O₂ partial pressure (PAO_{2 ideal}) and blood O₂ content in the ideal compartment customarily uses the alveolar gas equation, (Nunn, 1993; Riley & Cournand, 1949)

This is an open access article under the terms of the [Creative Commons Attribution](https://creativecommons.org/licenses/by/4.0/) License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2023 The Author. *Physiological Reports* published by Wiley Periodicals LLC on behalf of The Physiological Society and the American Physiological Society.

$$PAO_2^{ideal} = FIO_2 \cdot PB - PACO_2^{ideal}/R - [FIO_2 \cdot PACO_2^{ideal} \cdot (1 - 1/R)] \quad (1)$$

where $PACO_2^{ideal}$ is the alveolar CO_2 partial pressure in the ideal compartment, PB barometric pressure, FIO_2 the fractional inspired O_2 concentration, and R the respiratory exchange ratio (the term on the right in square brackets is frequently omitted for simplicity). This convention has been followed in many previous studies measuring shunt fraction (Nunn, 1993; Peyton et al., 2004, 2005; West et al., 2020). Indeed, this equation is still frequently referred to as the “ideal alveolar gas equation” (West et al., 2020). For practicality of measurement, $PaCO_2$ is often used instead of $PACO_2$

$$PAO_2^{ideal} = FIO_2 \cdot PB - PaCO_2/R - [FIO_2 \cdot PaCO_2 \cdot (1 - 1/R)] \quad (1a)$$

Since the development by Riley and colleagues of the three-compartment model, (Riley et al., 1946; Riley & Cournand, 1949) advances in technology and computing have allowed us to model and study physiologically realistic, “lognormal” patterns of distribution of $\dot{V}A$ and Q , and of gas exchange for O_2 and CO_2 and other gases, across the range of $\dot{V}A/\dot{Q}$ ratios throughout the lung. These models provide much better and more sophisticated understanding of gas exchange for gases of different solubilities, but challenge some existing assumptions of three-compartment theory. For example, it has been shown in patients under inhalational anesthesia how gases with differing solubilities have widely different alveolar dead space volumes, and therefore different effective or “ideal” alveolar ventilation rates, simultaneously within the same $\dot{V}A/\dot{Q}$ distribution (Peyton et al., 2020).

Derivation of the alveolar gas equation (see Appendix 1C), based on mass balance principles, assumes that all O_2 uptake ($\dot{V}O_2$) and CO_2 elimination ($\dot{V}CO_2$) takes place within the same “ideal” compartment. However, due to their widely differing solubilities in blood, $\dot{V}O_2$ and $\dot{V}CO_2$ distributions are not colocated across the range of $\dot{V}A/\dot{Q}$ ratios in the lung, and their divergence increases as $\dot{V}A/\dot{Q}$ scatter worsens (Farhi, 1967; Farhi & Yokoyama, 1967; Peyton et al., 2020). O_2 uptake takes place predominantly in lower $\dot{V}A/\dot{Q}$ ratio lung units, whereas elimination of CO_2 , which is more highly soluble, takes place largely in well ventilated lung regions. This undermines the fundamental assumption on which the concept of a common central “ideal” compartment containing all gas exchange is based.

Recently, an alternative definition of ideal alveolar gas has been proposed based upon physiological, log-normal distributions of $\dot{V}A$ and Q , instead of the three-compartment model (Peyton, 2021). Ideal alveolar gas

partial pressure for any gas species is defined as that found at the $\dot{V}A/\dot{Q}$ ratio where the gas exchange rate for that gas is maximal or “modal” across the lung. This $\dot{V}A/\dot{Q}$ point is determined by the solubility of the gas in blood, and is widely different for different gases.

For CO_2 , with a relatively linear dissociation curve, the alveolar-capillary partial pressure at the $\dot{V}A/\dot{Q}$ ratio of modal CO_2 elimination (modal *ideal* $PACO_2$) has been shown to equal the mean of the measured arterial and end-tidal CO_2 partial pressures (Peyton, 2021). This is also the case for any inert gas. Due to its alinear dissociation curve, however, this relationship does not hold for O_2 .

In the current study, data from a physiological, multicompartment computer model of lung $\dot{V}A/\dot{Q}$ scatter was used to seek a modification of the alveolar gas equation that would provide a practical estimate of modal *ideal* alveolar O_2 partial pressure (modal *ideal* PAO_2), at the $\dot{V}A/\dot{Q}$ ratio of maximal (modal) O_2 uptake rate. The mass balance principle described by Equation 1 applies to any $\dot{V}A/\dot{Q}$ compartment in the lung (see Appendix 1B) if R within that compartment is known. Therefore, this required characterization, within any given distribution of lung $\dot{V}A$ and \dot{Q} , of the particular value of R in Equation 1 at the $\dot{V}A/\dot{Q}$ ratio where the modal *ideal* PAO_2 is located (modal R). The resulting equation should be generalizable across a wide range of severity of $\dot{V}A/\dot{Q}$ heterogeneity and of FIO_2 . Its ability to accurately predict the modal *ideal* PAO_2 was therefore tested across a diverse range of modeled scenarios. The concept was illustrated and subsequently validated with modeling of lung gas exchange in a series of anesthetized, ventilated surgical patients, using in vivo clinical data collected in these patients as input and target output modeling variables.

2 | METHODS

2.1 | Clinical in vivo data collection

Data were used that was collected following Ethics review and approval and informed patient consent (HREC H99/00798 and HREC/16/Austin/419) at the Austin Hospital, Melbourne, in two cohorts of patients with no history of acute or chronic respiratory disease undergoing cardiac surgery during near steady-state conditions in the precardiopulmonary bypass period. The earlier cohort recruited six patients and the later cohort 30 patients. Of these, a total of 30 patients were male. The mean (SD) patient age was 66 (10) years and body mass index was 30.5 (5.3). Delivered concentrations of

oxygen were set to achieve an FIO_2 of 0.5–0.6 in the later cohort, and 0.3–0.5 in the earlier cohort in whom a second set of measurements was performed in the postcardiopulmonary bypass period. These were treated as independent measurements for the purposes of statistical analysis, resulting in a total of 42 measurements. The anesthesia management and data collection protocol is detailed in [Appendix 3](#).

2.2 | Lung computer modeling

Data collection from multicompartment lung modeling involved two parallel modelling exercises:

- A. Systematic modeling was done, using arbitrary input data, of distributions in the lung of \dot{V}_A , \dot{Q} , \dot{V}_A/\dot{Q} scatter and the resulting distributions of partial pressures and gas exchange in each lung compartment n ($\dot{V}\text{CO}_2n$, $\dot{V}\text{O}_2n$ and respiratory exchange ratio Rn). Values were obtained for variables in the alveolar gas equation within these distributions at the \dot{V}_A/\dot{Q} ratio of modal $\dot{V}\text{O}_2$, and their relationship across a range of theoretical scenarios was characterized.
- B. Clinical simulation used the data measurements from patients as inputs and target outputs for the model, to both illustrate the distributions being studied and validate the resulting equation in vivo.

theoretical scenarios, the log SD of \dot{V}_A was varied in seven increments of 0.25 up to 1.75. The modeling was repeated for scenarios with an overall \dot{V}_A/\dot{Q} ratio of 0.4, 0.8, and 1.6, and for $R=1.0$. Two further scenarios were modeled where 10% and 20% of total blood flow \dot{Q}_t was allocated to true shunt, giving a total of 42 different scenarios. For each of these, six different FIO_2 values were modeled, ranging from 0.18 to 1.0.

The outputs calculated by the model were the combined flow-weighted means of the equilibration partial pressures and end-capillary blood gas contents, within all alveolar-capillary lung compartments n (including true shunt), to obtain mixed alveolar gas partial pressure (PAO_2 and PACO_2) and arterial partial pressure (PaO_2 and PaCO_2) and blood content (CaO_2 and CaCO_2) of O_2 and CO_2 , as well as the distributions across all lung compartments of alveolar-capillary equilibration partial pressures and gas exchange of O_2 ($\text{Pc}'\text{O}_2n$ and $\dot{V}\text{O}_2n$) and CO_2 ($\text{Pc}'\text{CO}_2n$ and $\dot{V}\text{CO}_2n$). From the distributions of $\dot{V}\text{CO}_2n$ and $\dot{V}\text{O}_2n$ the respiratory exchange ratio in each lung compartment (Rn) was calculated.

$$Rn = \dot{V}\text{CO}_2n / \dot{V}\text{O}_2n.$$

Within each compartment n , the same mass balance principle holds as that expressed by the alveolar gas equation for the lung overall (see [Appendix 1B](#))

$$\text{Pc}'\text{O}_2n = \text{FIO}_2 \cdot \text{PB} - \text{Pc}'\text{CO}_2n / Rn - [\text{FIO}_2 \cdot \text{Pc}'\text{CO}_2n \cdot (1 - 1/Rn)] \quad (1n)$$

The model of lung gas exchange used physiological distributions of \dot{V}_A and \dot{Q} across the lung. These distributions were idealized, unimodal, lognormal distributions across 100 lung compartments n , (\dot{V}_An and $\dot{Q}n$) with the degree of \dot{V}_A/\dot{Q} scatter scalable by the log standard deviation (log SD) of \dot{V}_A to represent a wide range of severity of \dot{V}_A/\dot{Q} heterogeneity. In addition, the model allows a proportion of the total pulmonary blood flow to be allocated to an additional “true shunt” compartment where no alveolar ventilation and gas exchange occurs. The structure of the model is summarized in [Appendix 2](#) and has been previously described (Kelman, 1966, 1967; Olszowska & Wagner, 1980; Peyton et al., 2001; Siggaard-Andersen, 1974; West, 1969). Within each lung compartment, alveolar and end-capillary partial pressure were considered fully equilibrated (alveolar-capillary partial pressure).

A. Systematic modeling:

Theoretical scenarios were modeled using arbitrary input values, where overall R was 0.8. For each of these

i) Modal Rn

For each theoretical scenario modeled, the lung compartment of maximal or modal $\dot{V}\text{O}_2n$ within the distributions of $\dot{V}\text{O}_2n$ was identified using a peak detector subroutine. The $\text{Pc}'\text{O}_2n$ (modal $\text{Pc}'\text{O}_2n$) and Rn (modal Rn) in this compartment were recorded. The relationship of modal Rn to overall R in each scenario was examined, and data from all scenarios were combined and plotted. An empirical equation was sought for this relationship (see Results: [Equation 3](#), below), which uses overall R and clinically available gas partial pressure measurements, to provide an estimate of the modal Rn (predicted modal Rn). The agreement of the predicted modal Rn from this equation with the modal Rn identified within each distribution was assessed across all scenarios modeled.

ii) Modal *ideal* PAO_2

In each scenario, the modal *ideal* PAO_2 was defined as the $\text{Pc}'\text{O}_2n$ at the modal $\dot{V}\text{O}_2n$ point within the

distributions of $\dot{V}O_2n$. This value is therefore predicted by the following modification of Equation 1n, using modal Rn (see Equation 3, below) and using $PaCO_2$ as a substitute for $Pc'CO_2n$:

$$\text{modal ideal } PAO_2 = FIO_2 \cdot PB - PaCO_2 / \text{modal } Rn - [FIO_2 \cdot PaCO_2 \cdot (1 - 1 / \text{modal } Rn)] \quad (2)$$

The agreement of the modal $Pc'O_2n$ identified by peak detection within the distributions with the predicted modal ideal PAO_2 from Equations 2 and 3 (see Results: Equation 2a, below) was assessed across all scenarios combined. The acceptability of use of $PaCO_2$ as a substitute for $Pc'CO_2n$ in this equation was also assessed. In addition, the threshold of arterial hypoxemia (lowest calculated PaO_2) simulated in these scenarios, beyond which agreement deteriorated, was examined.

B. Clinical in vivo modeling:

- i) Mean in vivo simulation: To illustrate the nature of the relationship of gas exchange distributions for O_2 and CO_2 to distributions of $\dot{V}A/\dot{Q}$ scatter, the mean measured values in the patient sample studied were used as input variables for a multicompartment lung model scenario. The log SD of $\dot{V}A$ and true shunt fraction that most closely approximated the mean measured output variables (PAO_2 , $PACO_2$, PaO_2 , and $PaCO_2$) were determined. The resulting distributions across 100 lung compartments n of $\dot{V}An$, $\dot{Q}n$, gas exchange ($\dot{V}O_2n$ and $\dot{V}CO_2n$), and alveolar-capillary partial pressures ($Pc'O_2n$ and $Pc'CO_2n$) across the lung were plotted. The modal ideal PAO_2 and modal ideal $PACO_2$ were identified.
- ii) Validation with individual patient modeling: Using the measured FIO_2 as an input variable in each patient, the modal $Pc'O_2n$ for each patient was identified by peak detection using the multicompartment lung model. This was then compared with the predicted modal ideal PAO_2 for each patient calculated from combination of Equations 2 and 3 (see Results: Equation 2a below).

2.3 | Statistical analysis

For the purposes of in vivo validation, the primary statistical comparison was between the predicted modal ideal PAO_2 and the modal $Pc'O_2n$ identified by the multicompartment lung model for each patient. Secondary comparisons were made between the PAO_2 from Equation 1 and the measured end-tidal O_2 partial pressure ($PE'O_2$) in the patients. Measured end-tidal gas partial pressure ($PE'O_2$ and $PE'CO_2$) was considered physiologically equivalent to mixed alveolar gas partial pressure in this population with no history of lung

pathology and with no longitudinal gas flow stratification, manifested as a flat end-expiratory Phase 3 gas concentration plateau (see Supplementary material for an illustrative example). It was hypothesized that there would be no clinically

significant difference between these two variables, consistent with the derivation of the alveolar gas equation (Appendix 1C). Comparisons were also made with the mean alveolar O_2 partial pressure from Equation 1a, and with the predicted modal ideal PAO_2 from Equation 2.

Comparison of mean values was done with the t -test for paired data for normally distributed or log transformed non-normal data confirmed with the Shapiro-Wilk test. The Pearson correlation coefficient r was used to measure agreement across the range of $\dot{V}A/\dot{Q}$ relationships and FIO_2 modeled, as well as the median (and 95th centile) relative error between modeled modal values and calculated values for modal Rn and modal ideal PAO_2 . Agreement was also calculated using Bland-Altman analysis for clinical data. All statistical tests were two-tailed, with a threshold of significance of $p < 0.05$, and analysis was done using Stata 12 (StataCorp, College Station, TX, USA).

3 | RESULTS

3.1 | Multicompartment lung computer modeling

B.(i) Mean in vivo simulation:

This modeling scenario is presented first to illustrate the relationships being described in the study. The required modeling input variable are listed in Table 1. The measured mean patient data for these input variables are shown. FIO_2 was 0.53 with balance gas nitrogen, hemoglobin concentration was 12.6 g/L, body temperature 35.4°C, with $\dot{V}O_2$ of 190 mL/min with overall R of 0.94. Total \dot{Q} ($\dot{Q}t$) was set to 4.6 L/min and $\dot{V}A$ 4.2 L/min to match the measured values in the patient sample. Input values for the model were nominated which were equal to the mean values in Table 1. A simulation with a log SD of $\dot{V}A$ of 1.17 and true shunt fraction of 8.5% was found by an iterative trial and error process to produce outputs from the model (PaO_2 , PAO_2 , $PaCO_2$, and $PACO_2$) that most closely approximated the measured mean values in the patients.

The resulting lung distributions of $\dot{V}An$, $\dot{Q}n$, $\dot{V}CO_2n$, and $\dot{V}O_2n$ across the range of $\dot{V}A/\dot{Q}$ ratios for this scenario are shown in Figure 1. Also plotted are the corresponding alveolar-capillary partial pressures ($Pc'O_2n$ and $Pc'CO_2n$) and the compartmental respiratory exchange

TABLE 1 Measured variables in patients in the study (n=41). Data are mean values and standard deviation (SD).

Model inputs		Model outputs	
FIO ₂	0.53 (0.11)	PaO ₂ mm Hg	192.5 (67.2)
Q̇ _t l/min	4.6 (1.3)	PE' O ₂ mm Hg	341.1 (79.6)
VA l/min	4.2 (1.1)	PaCO ₂ mm Hg	40.3 (4.8)
VO ₂ l/min	0.190 (0.061)	PE' CO ₂ mm Hg	30.5 (4.4)
VĊO ₂ l/min	0.178 (0.048)	SaO ₂ %	98.8 (0.6)
Arterial BE mmol/l	0.9 (1.5)	CaO ₂ ml/100 mL	17.5 (2.7)
Arterial pH	7.41 (0.04)	Cv̄O ₂ ml/100 mL	13.4 (2.8)
Temperature °C	35.4 (0.7)	VDA / VA %	24.4 (7.6)
Hemoglobin g/dl	12.6 (2.0)	Q̇ _s / Q̇ _t %	12.4 (6.8)

Note: Variables used as inputs to the lung modeling are listed above, and those that were outputs listed below.

Abbreviations: BE, base excess; CaO₂, arterial blood O₂ content; Cv̄O₂, mixed venous blood O₂ content; Pa, arterial partial pressure; PE', end-tidal partial pressure; Q̇_t, total pulmonary blood flow; Q̇_s / Q̇_t, shunt fraction; SaO₂, arterial hemoglobin O₂ saturation; VA, alveolar ventilation rate; VĊO₂, CO₂ elimination rate; VDA / VA, alveolar deadspace fraction; VO₂, O₂ uptake rate.

ratio (*Rn*). The modal VO_{2n} point and modal VĊO_{2n} point in this simulation are indicated.

The position of the Pc' O_{2n} at the modal VO_{2n} point (modal *ideal* PAO₂) was 321.4 mm Hg in this simulation, and is indicated in Figure 1, along with the position of the modal *ideal* PACO₂. The Pc' CO_{2n} at the VA / Q̇ ratio of the modal Pc' O_{2n} point (43.5 mm Hg) more closely approximated the PaCO₂ (40.3 mm Hg) than did the PE' CO₂ (30.5 mm Hg), and the PaCO₂ was subsequently used in seeking a modification of the alveolar gas equation to calculate the modal *ideal* PAO₂.

3.2 | Theoretical scenarios

A.(i) Characterization of modal *Rn*:

Across the range of scenarios modeled, the *Rn* value at the modal VO_{2n} point (modal *Rn*) was empirically found to approximate the following relationship to the overall *R*, which includes a term which reflects the effect of increas-

scenario was below 50 mm Hg. *Rn* becomes relatively fixed in the low V̇An / Q̇n range, as is evident in Figure 1, which is due to the alinearity of the O₂ dissociation curve relative to that for CO₂. This was seen in several scenarios where an overall V̇A / Q̇ ratio of 0.4 was modeled, and other scenarios at lower FIO₂ where a severe degree of V̇A / Q̇ scatter (log SD of V̇A of 1.5 or more) or large true shunt fraction (20%) were modeled. Scenarios where the PaO₂ calculated was below 50 mm Hg was therefore subsequently excluded from the analysis.

The accuracy of Equation 3 is illustrated in Figure 2 across the range of theoretical scenarios modeled. The predicted modal *Rn* from Equation 3 is plotted against the modal *Rn* identified from the distributions in each scenario. The error is summarized in Table 2 at each FIO₂ modeled.

A.(ii) Modal *ideal* PAO₂:

Substitution of *R* in Equation 2 with modal *Rn* from Equation 3 gives a modified form of the alveolar gas equation that predicts the modal *ideal* PAO₂.

$$\text{modal ideal PAO}_2 = \text{FIO}_2 \cdot (\text{PB} - \text{PH}_2\text{O}) - \text{PaCO}_2 / \left(R - \left(1 - \frac{\text{PACO}_2}{\text{PaCO}_2} \right) \right) - \text{FIO}_2 \cdot \text{PaCO}_2 \cdot \left(1 - \frac{1}{R - \left(1 - \frac{\text{PACO}_2}{\text{PaCO}_2} \right)} \right) \quad (2a)$$

ing V̇A / Q̇ scatter, using the calculated alveolar-arterial CO₂ partial pressure gradient for each scenario,

$$\text{modal } Rn = R - \left(1 - \text{PACO}_2 / \text{PaCO}_2 \right) \quad (3)$$

The accuracy of Equation 3 to predict the modal *Rn* deteriorated progressively where the PaO₂ calculated in the

The agreement between the modal Pc' O_{2n} identified from the distributions from the model and the modal *ideal* PAO₂ predicted from Equation 2a was examined across the range of theoretical scenarios modeled and is plotted in Figure 2b. The agreement (relative error and standard deviation) is summarized in Table 3. Overall relative median error was less than 1%, with 95% of measurements lying within 17.5% of the target value.

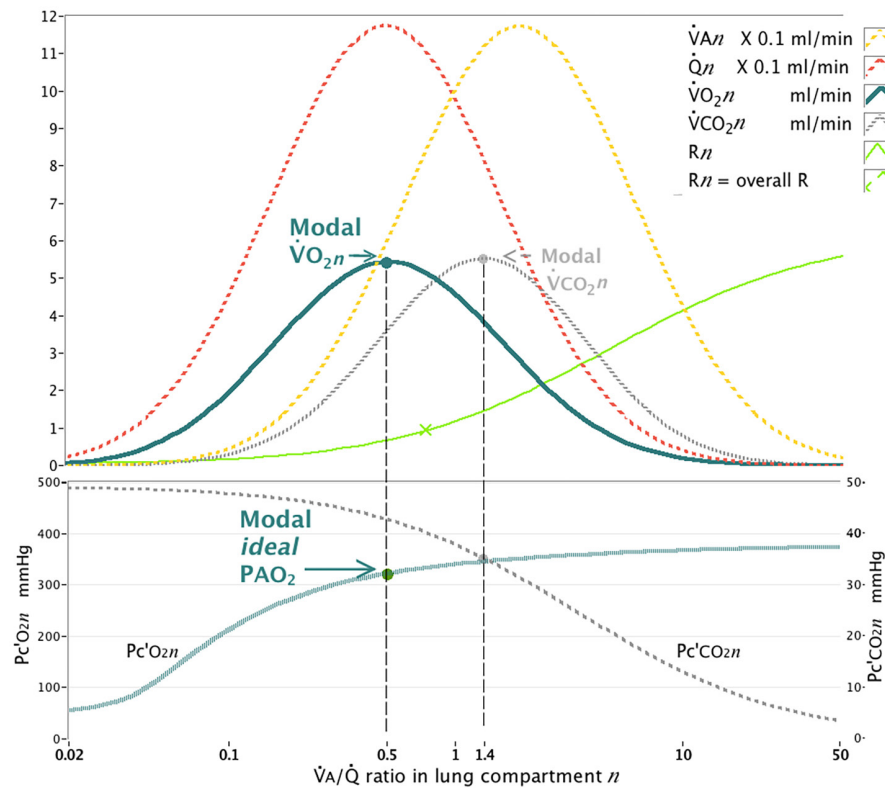


FIGURE 1 Clinical in vivo mean modeling scenario: Distributions of alveolar ventilation $\dot{V}A_n$, pulmonary blood flow \dot{Q}_n and oxygen uptake $\dot{V}O_{2n}$ and carbon dioxide elimination $\dot{V}CO_{2n}$ across the range of lung $\dot{V}A/\dot{Q}$ ratios generated by the model, to simulate the mean clinical scenario. Hundred lung compartments n were modeled. Input data were the means measured from the patients of variables listed in Table 1. Total \dot{Q} (\dot{Q}_t) was 4.6 L/min and $\dot{V}A$ 4.2 L/min. The log SD of $\dot{V}A$ was 1.17 with true shunt fraction of 8.5%, which produced outputs from the model (PaO_2 , PAO_2 , $PACO_2$, and $PACO_2$) that most closely approximated the measured mean values in Table 1. Also plotted are the corresponding distributions of alveolar-capillary partial pressures ($Pc'O_{2n}$ and $Pc'CO_{2n}$) and the respiratory exchange ratio (R_n) in each lung compartment. The position of the $Pc'O_{2n}$ (321.4 mm Hg) at the modal $\dot{V}O_{2n}$ in this scenario is indicated (modal ideal PAO_2), as well as the modal ideal $PACO_2$. The position of the arterial, mixed venous and end-tidal PCO_2 values are shown, as is the $\dot{V}A/\dot{Q}$ ratio where R_n = overall lung respiratory exchange ratio R of 0.94.

B.(ii) Individual patient modeling:

Forty-one complete sets of measurements were obtained. Data from one patient in the second cohort was excluded from the analysis as there was evidence of inadvertent dilution of the mixed venous blood sample, making calculation of $\dot{V}O_2$ unreliable in that patient. FIO_2 ranged from 0.35 to 0.80, with a mean (SD) of 0.53 (0.11). $\dot{V}O_2$ and $\dot{V}CO_2$ were 0.190 (0.061) l/min and 0.178 (0.048) L/min, respectively. Alveolar dead space fraction $\dot{V}DA/\dot{V}A$ using the Bohr–Enghoff equation was 24.4 (7.6)% and venous admixture $\dot{Q}s/\dot{Q}_t$ was 12.4 (6.8)%. Table 4 shows the calculated alveolar O_2 partial pressures in the patients.

Primary endpoint: The predicted modal ideal PAO_2 calculated from Equation 2a was similar in magnitude to the modal $Pc'O_{2n}$ identified from the model (mean (SD) 321.3 (82.7) versus 323.5 (84.6), $p=0.4887$). The comparison for all patients is shown in Figure 3a,b. r^2 was 0.973, and the median (95th centile) relative error was 1.5 (9.0)%. Mean bias was 1.4 mm Hg with upper and lower 95% limits of

agreement of 6.7 and -3.7 mm Hg, respectively. This confirmed in vivo the agreement demonstrated by the theoretical modeling data shown in Figure 2b and Table 3.

Secondary Endpoints: Mean PAO_2 from the alveolar gas equation (Equation 1) using measured $PE'CO_2$ as $PACO_2$ was not different to the measured $PE'O_2$ (mean (SD) 341.1 (79.6) versus 343.3 (82.5), $p=0.6566$), which confirmed the basis for the derivation of alveolar gas equation given in Appendix 1. Substitution of $PACO_2$ with measured $PaCO_2$ (Equation 1a) resulted in a calculated mean PAO_2 which was 10.4 mm Hg lower. Both these variables were significantly higher than the mean modal $Pc'O_{2n}$ identified from the multicompartment model (323.5 mm Hg) for each patient ($p<0.0001$).

4 | DISCUSSION

This study describes and validates a mathematical definition of ideal alveolar oxygen partial pressure based on consideration of realistic, physiological distributions of

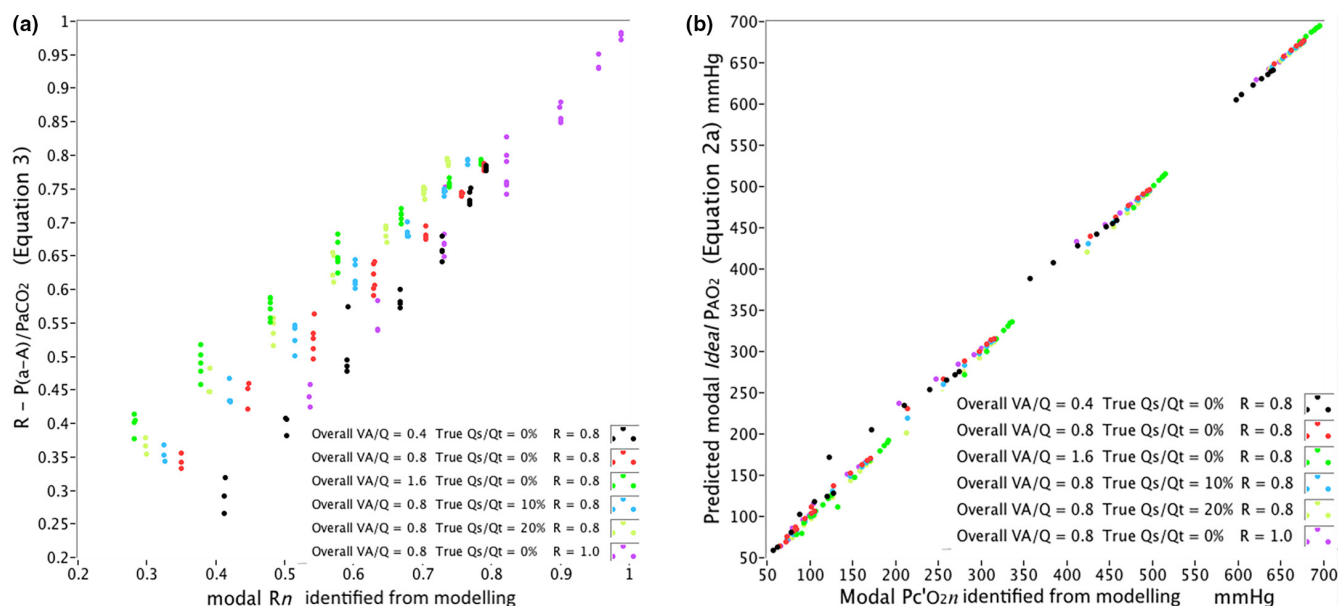


FIGURE 2 (a) Systematic modeling scenarios: The relationship of the respiratory exchange ratio (R_n) identified by modeling in the lung compartment at the modal $\dot{V}O_{2n}$ (modal R_n) to R_n predicted by Equation 3 across the range of FIO_2 modeled from 0.18 to 1.0. At each FIO_2 , the log standard deviation (log SD) of $\dot{V}A$ was varied in seven increments of 0.25 up to 1.75, repeated for scenarios with an overall $\dot{V}A/\dot{Q}$ ratio of 0.4, 0.8 and 1.6, $R=0.8$ and 1.0, and true shunt fraction of 0%, 10% and 20%. Scenarios resulting in PaO_2 of less than 50 mmHg were excluded. (b) Systematic modeling scenarios: The relationship of the $Pc'O_{2n}$ identified by modeling in the lung compartment at the modal $\dot{V}O_{2n}$ (modal $Pc'O_2$) to modal ideal PAO_2 predicted by Equation a across the range of FIO_2 modeled from 0.18 to 1.0. At each FIO_2 , the log standard deviation (log SD) of $\dot{V}A$ was varied in seven increments of 0.25 up to 1.75, repeated for scenarios with an overall $\dot{V}A/\dot{Q}$ ratio of 0.4, 0.8 and 1.6, $R=0.8$ and 1.0, and true shunt fraction of 0%, 10% and 20%. Scenarios resulting in PaO_2 of less than 50 mm Hg were excluded.

ventilation, blood flow, and respiratory gas exchange in the lung. As shown by modeling of distributions using both theoretical and in vivo data, it can be calculated with adequate precision from a relatively simple modification of the alveolar gas equation which accounts for wide variation in $\dot{V}A/\dot{Q}$ throughout the lung, and in FIO_2 , using readily measured clinical variables (FIO_2 , and end-tidal and arterial CO_2 partial pressures). This adds to recent work providing a modal definition of ideal alveolar gas for CO_2 and inert gases, and further reconciles the concept of an ideal alveolar partial pressure with modern understanding of physiological distributions of ventilation, blood flow, and gas exchange in the lung.

The O_2 partial pressure at the $\dot{V}A/\dot{Q}$ ratio where the distribution of $\dot{V}O_2$ in a lung is maximal (modal) is a rational definition of “ideal” alveolar O_2 within any lung with a given degree of $\dot{V}A/\dot{Q}$ scatter. On either side of this point, increasing or decreasing $\dot{V}A/\dot{Q}$ ratios result in falling effectiveness of O_2 uptake. In this sense, the concept shares the same principle as the central compartment of the three-compartment model of $\dot{V}A/\dot{Q}$ heterogeneity (Peyton, 2021). However, by contrast, it does not propose a single, uniform compartment where all lung gas exchange is assumed to take place. Instead, it identifies an “ideal” point on a more physiologically

realistic continuum of $\dot{V}A/\dot{Q}$ ratios and gas exchange in the lung.

The traditional theoretical “ideal” compartment of the three-compartment model is defined as containing all $\dot{V}O_2$ and $\dot{V}CO_2$. However, Figure 1, which plots realistic, if idealized, distributions of $\dot{V}A$, \dot{Q} and resulting gas exchange, throws this concept into doubt. Due to the very different solubilities of O_2 and CO_2 in blood, $\dot{V}O_2$ and $\dot{V}CO_2$ distributions are not colocated in the lung. Figure 1 shows that when $\dot{V}A/\dot{Q}$ scatter becomes substantial, distributions of $\dot{V}O_2$ and $\dot{V}CO_2$ diverge across a wider range of real $\dot{V}A/\dot{Q}$ ratios. The assumption that O_2 and CO_2 share a common “ideal” compartment, and the same alveolar dead space fraction, is thus not supported by modeling of physiological distributions. This has been shown to be the case in anesthetized patients, where measured alveolar dead space, and conversely “effective” or ideal alveolar volume, for CO_2 and a range of inert anesthetic gases varied widely, in inverse relationship to their solubility in blood (Peyton et al., 2020). Similar contradictions are encountered in consideration of ideal alveolar gas for shunt fraction calculation with increasing $\dot{V}A/\dot{Q}$ scatter using the three-compartment model.

By contrast, the mass balance calculation employed in the Riley model to derive Equation 1 is given in Appendix

TABLE 2 Systematic modeling: Agreement (variance r^2 , relative median error (%) and 95th centile) between the respiratory exchange ratio Rn at the $\dot{V}A/\dot{Q}$ ratio of modal $\dot{V}O_{2n}$ identified from distributions of $\dot{V}O_2$ calculated by the multicompartment lung model (modal Rn), and the predicted modal Rn from Equation 3, across theoretical scenarios modeled where the resulting PaO_2 was 50 mm Hg or greater.

FIO_2	r^2	Median error %	95th centile error %
0.18	0.956	2.4	14.9
0.21	0.940	3.3	18.8
0.30	0.904	5.0	20.0
0.50	0.883	5.8	26.9
0.75	0.874	6.7	36.0
1.0	0.889	6.4	27.8

Note: FIO_2 was varied from 0.18 to 1.0. At each FIO_2 , the log standard deviation (log SD) of $\dot{V}A$ was varied in seven increments of 0.25 up to 1.75, repeated for scenarios with an overall $\dot{V}A/\dot{Q}$ ratio of 0.4, 0.8 and 1.6, $R=0.8$ and 1.0, and true shunt fraction of 0%, 10% and 20%. See Figure 2a.

TABLE 3 Systematic modeling: Agreement (variance r^2 , relative median error (%) and 95th centile) between $Pc'O_{2n}$ at the $\dot{V}A/\dot{Q}$ ratio of modal $\dot{V}O_{2n}$ identified from distributions of $\dot{V}O_2$ calculated by the multicompartment lung model (modal $Pc'O_{2n}$), and the predicted modal ideal PAO_2 from Equation 2a, across all scenarios modeled where the resulting PaO_2 was 50 mm Hg or greater.

FIO_2	r^2	Median error %	95th centile error %
0.18	0.967	1.5	6.3
0.21	0.962	2.1	8.8
0.30	0.955	2.0	14.9
0.50	0.961	1.2	17.4
0.75	0.979	0.5	5.7
1.0	0.995	0.3	1.2
Overall	0.999	0.8	9.1

Note: FIO_2 was varied from 0.18 to 1.0. At each FIO_2 , the log standard deviation (log SD) of $\dot{V}A$ was varied in seven increments of 0.25 up to 1.75, repeated for scenarios with an overall $\dot{V}A/\dot{Q}$ ratio of 0.4, 0.8 and 1.6, $R=0.8$ and 1.0, and true shunt fraction of 0%, 10% and 20%. See Figure 2b.

1C. The “ideal” compartment envisaged in the Riley model, with ventilation $\dot{V}A_{ideal}$, is considered to contain all $\dot{V}O_2$ and $\dot{V}CO_2$. However, Figure 1 shows that $\dot{V}O_2$ occurs predominantly across a lower range of values of $\dot{V}A/\dot{Q}$ ratios than $\dot{V}CO_2$. Thus, any “ideal” compartment which captures all $\dot{V}CO_2$ must contain higher $\dot{V}A/\dot{Q}$ ratios that would form part of alveolar dead space for O_2 . This means that PAO_{2ideal} calculated in Equation 1 must be contaminated with alveolar dead space gas for O_2 (with partial pressure PIO_2).

In fact Figure 1 shows how, in a lung with significant $\dot{V}A/\dot{Q}$ scatter such as studied here, the volume of the alveolar compartment that captures all $\dot{V}O_2$ and $\dot{V}CO_2$ most closely approximates that of total alveolar ventilation $\dot{V}A$. The data in Table 4 from the patient sample studied here, showing the equivalence of $PE'O_2$ with PAO_{2ideal} calculated from Equation 1, is consistent with this. The derivation in Appendix 1A appropriately reflects this and calculates mixed alveolar gas partial pressure, which includes the entire content of the alveolar dead space compartment as well as the ideal compartment. This manifests as end-tidal partial pressure in healthy lungs with no longitudinal gas flow stratification and a flat end-expiratory Phase 3 gas concentration plateau. Note that in the absence of $\dot{V}A/\dot{Q}$ scatter, where there are no significant alveolar-arterial partial pressure gradients for CO_2 , Equation 2a will indeed simply approximate Equation 1a.

Thus, the Riley model does not provide a satisfactory basis for identifying or measuring the content of a central “ideal” compartment, even though this is fundamental to calculation of venous admixture and dead space using the shunt and Bohr equations, (Berggren, 1942; Bohr, 1891) and the alveolar gas equation is still commonly referred to as the “ideal alveolar gas” equation (West et al., 2020). In their seminal manuscript of 1949, Riley and Cournand presented a “Concept of ‘ideal’ alveolar air” using a representation of the three-compartment lung model (Riley & Cournand, 1949). This incorporated a pulmonary shunt and an “ideal” uniform gas exchanging compartment, but considered only a single dead space compartment that included serial (anatomic) dead space. Indeed, the authors pointed out that their derivation of the mass balance alveolar gas equation arising from this model was predicated upon homogenous lung gas exchange. Their model effectively ignored the possibility of a separate alveolar dead space compartment arising from $\dot{V}A/\dot{Q}$ heterogeneity. This can be identified by distinguishing the content of end-tidal gas from mixed expired gas, something that was technically difficult to do in that day, but is now readily done during routine clinical monitoring of tidal gas concentrations using rapid response gas analyzers.

The common substitution of $PE'CO_2$ with $PaCO_2$ in the alveolar gas equation (Equation 1a) only increased this confusion by further distancing the use of the alveolar gas equation from its original derivation. Interestingly, however, the use of $PaCO_2$ in the numerator of Equation 2a makes sense when employing the modal definition, as it more closely approximates the $Pc'CO_{2n}$ at the modal $\dot{V}O_{2n}$ point as can be seen in Figure 1.

TABLE 4 In vivo patient data: Measured end-tidal O₂ partial pressure (PE' O₂) and calculated and modeled variables in patients in the study ($n = 41$ measurements).

Measured PE' O ₂ mm Hg	341.1 (79.6)	$p = 0.6566$
PAO ₂ (from alveolar gas equation using PE' CO ₂ , equation 1) mm Hg	343.3 (82.5)	$p < 0.0001$
PAO ₂ (from alveolar gas equation using PaCO ₂ , equation 1a) mm Hg	332.9 (82.1)	$p < 0.0001$
Modal Pc' O ₂ n (identified from distributions of $\dot{V}O_2n$ in model) mm Hg	323.5 (84.6)	$p = 0.4887$ (see Figure 3)
Modal <i>ideal</i> PAO ₂ (from equation 2a) mm Hg	321.3 (82.7)	

Note: Data are mean values and standard deviation (SD). Statistical significance of comparisons for paired data is shown. PAO₂, Alveolar O₂ partial pressure; Modal Pc' O₂ n , Alveolar-capillary O₂ partial pressure at the point of modal or maximal O₂ uptake rate (modal $\dot{V}O_2n$).

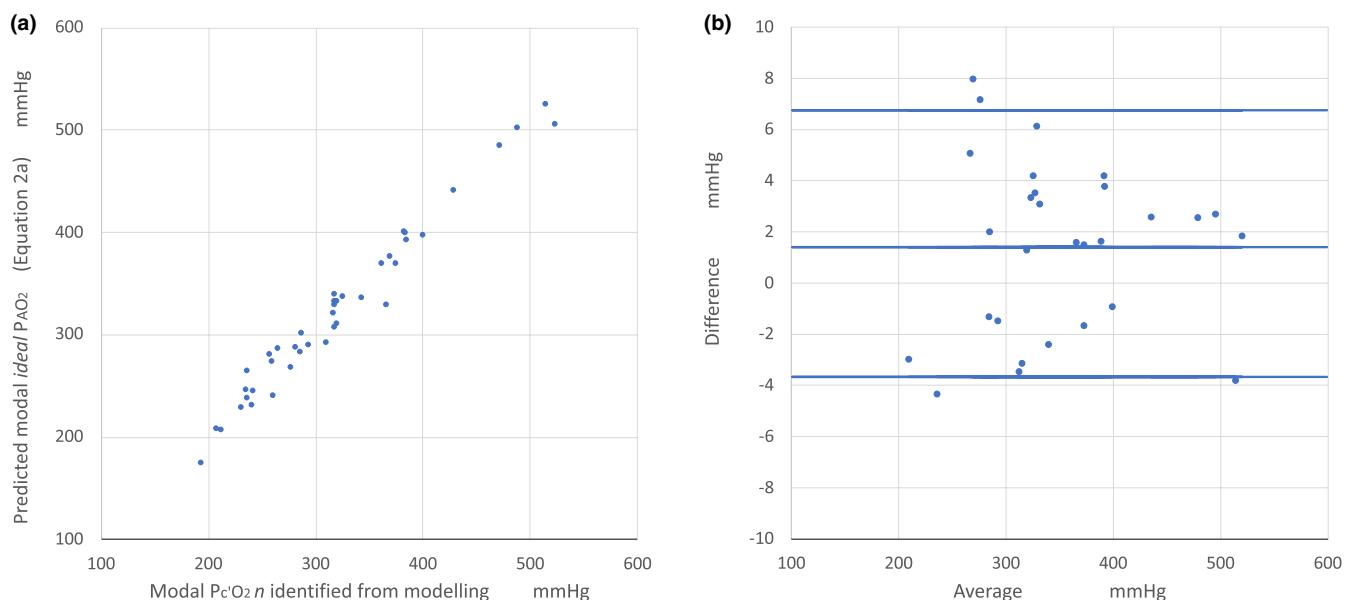


FIGURE 3 Clinical in vivo individual patient modeling: The relationship of the Pc' O₂ n identified by modeling in the lung compartment at the modal $\dot{V}O_2n$ (modal Pc' O₂) to modal *ideal* PAO₂ predicted by Equation 2a in the patients studied ($n = 41$ measurements) as a correlation plot (Figure 3a). FIO₂ ranged from 0.35 to 0.80. The corresponding Bland–Altman plot is shown in Figure 3b.

Riley's approach was further constrained by the implicit assumption made by all authors in the field that alveolar O₂ and CO₂ partial pressures shared not just a common central “ideal” compartment, but a common ideal point on the “O₂-CO₂” or Fenn diagram, which describes the range of all possible alveolar partial pressures for O₂ and CO₂ that can be present for any given combination of inspired and mixed venous partial pressures, at all possible $\dot{V}A/\dot{Q}$ ratios between zero and infinity. In contrast to the three-compartment model, the Fenn diagram models a continuum of possible gas exchange states across the lung (Fenn et al., 1946). The assumption of a common “ideal point” for the two respiratory gases has heavily influenced

thinking on gas exchange theory. Riley's theory proposed that this ideal $\dot{V}A/\dot{Q}$ ratio was located where R_n is equal to overall lung R . This point is indicated in Figure 1 and lies between the modal $\dot{V}O_2n$ and $\dot{V}CO_2n$ points. There is no feature to suggest a common “ideal” characteristic of the partial pressures for both gases at this $\dot{V}A/\dot{Q}$ ratio, as has been recently demonstrated by other authors using a simpler 2-compartment model of $\dot{V}A/\dot{Q}$ mismatch (Wagner et al., 2022).

By contrast, the modal *ideal* definition accepts different distributions of gas exchange in the lung for gases of differing solubility, and different ideal points. The positions of these gas exchange distributions, skewed toward lower

$\dot{V}A/\dot{Q}$ ratios for less soluble gases such as O_2 , represent different degrees of “wasted ventilation” and therefore of alveolar dead space. This results in vastly different alveolar dead space fractions for gases of differing solubility, which has been shown when comparing CO_2 and soluble anesthetic gases in anesthetized patients (Peyton et al., 2020). This implies very different sized ideal compartments and effective alveolar ventilation rates for different gases simultaneously within any given patient, which is not consistent with the concept of a common ideal point or lung compartment for different gases along the $\dot{V}A/\dot{Q}$ axis.

The modal definition of the ideal partial pressure was recently described for CO_2 , and a simple modification of the Bohr equation for calculation of dead space fraction was validated in the same population as the current study (Peyton, 2021). That investigation showed that the modal *ideal* $PACO_2$ was equal to the mean of the arterial and mixed alveolar or end-tidal CO_2 partial pressures, across a wide range of $\dot{V}A/\dot{Q}$ scatter and overall $\dot{V}A/\dot{Q}$ ratios. This was also the case for all inert gases, which have linear blood gas dissociation curves. Thus, for CO_2

$$\text{modal ideal } PACO_2 = (PaCO_2 + PE'CO_2)/2 \quad (4)$$

The accuracy of Equation 2a in predicting modal *ideal* PAO_2 is relatively robust in presence of varying degrees of true shunt. Redistribution of a proportion of total pulmonary blood flow to a true shunt compartment had little a priori effect on the position of the modal $Pc'O_2n$ point in the modeling. However, Equations 3 and 2a use arterial-alveolar CO_2 partial pressure gradients, which are relatively unaffected by true shunt compared to O_2 partial pressures, to estimate Rn from R . However, a limitation of the study is that the accuracy of Equation 3 in predicting modal Rn at the modal $\dot{V}O_2n$ point only remained acceptable in the theoretical lung modeling where the resulting PaO_2 of the scenario was 50 mm Hg or more. In scenarios simulating more profound degrees of hypoxemia, this relationship ceased to provide a satisfactory prediction of Rn , due to the flattening of the slope of the O_2 dissociation curve relative to that for CO_2 in an increasing proportion of lower $\dot{V}A/\dot{Q}$ lung units with very low $Pc'O_2n$ values. This may limit its application in altitude physiology, for instance. It should be noted that the linearity of estimation of alveolar PO_2 by the traditional alveolar gas equation in the presence of severe hypoxemia has not been systematically assessed by modeling in the past, although the variability in calculation of shunt fraction with variation in physiological factors such as PIO_2 or cardiac output has been the subject of a number of studies (Lynch et al., 1979; Quan et al., 1980; Whiteley et al., 2002).

A further limitation of this study is that the clinical validation of the theory presented is conducted in an

anesthetized population, where FIO_2 was maintained above 0.35 in accordance with standard safe intraoperative management. Thus, the results presented of modeling at lower FIO_2 (0.18 and 0.21) are not directly confirmed. Nevertheless, when Equation 2a is used for estimation of blood O_2 content in the ideal compartment, it is expected to lead to a smaller calculated shunt fraction (for example, approximately 15% smaller in relative terms for the scenario depicted in Figure 1) than a result based on the customary alveolar gas equation, which will overestimate ideal PAO_2 in comparison due to its inability to distinguish the contributions of “ideal” and alveolar dead space lung compartments. This difference in shunt calculation will be relatively larger again at lower PIO_2 , such as room air breathing or altitude, than in the population studied here.

Despite this limitation, the data in Table 4 illustrate the value of studying an anesthetized, ventilated population with normal underlying lung function, when exploring the effects of $\dot{V}A/\dot{Q}$ mismatch on alveolar-capillary gas exchange. This population has substantial degrees of $\dot{V}A/\dot{Q}$ scatter, but with relatively flat end-expired gas concentration curves (see Figure S1). Using modern rapid gas analyzers, mixed alveolar gas partial pressures can therefore be estimated with reasonable precision from end-tidal gas sampling. This technology and study population were not available when many of the seminal works of respiratory physiology of the postwar era were being published, nor was the computing technology that allows distributions such those in Figure 1 to be generated and studied. Riley and Cournand lamented that it was unfortunate at the time that “mixed alveolar air and mixed capillary blood cannot be determined with accuracy” (Riley & Cournand, 1949). Subsequently, reliance on study of healthy awake subjects with little $\dot{V}A/\dot{Q}$ heterogeneity on the one hand, and of patients with lung disease with disturbed expiratory gas flow on the other, has obscured the anomalies underlying the use of the alveolar gas equation to estimate “ideal” alveolar gas.

With this in mind, it should be noted that the modal definition for *ideal* alveolar gas is based upon consideration of alveolar-capillary gas exchange distribution in the presence of $\dot{V}A/\dot{Q}$ heterogeneity. It should not be confused with other factors, such as longitudinal or “stratified” ventilatory heterogeneity commonly seen in lung disease or airflow obstruction, which distort the expirogram for CO_2 and other gases. These factors, largely concerned with gas flow limitation and heterogeneity in the conducting airways, may prompt controversies about the most appropriate point on the expiratory gas concentration curve to define alveolar partial pressure, for example (Tusman et al., 2012). However, such discussions should be seen as separate to the theory of

alveolar-capillary gas exchange on which the modal ideal point is based.

In conclusion, an alternative “modal” definition of ideal alveolar oxygen partial pressure is described, based on realistic physiological distributions of alveolar ventilation and lung blood flow, at the \dot{V}_A/\dot{Q} ratio where the distribution of oxygen uptake rate is maximal or modal. The modal ideal alveolar oxygen partial pressure is able to be determined with accuracy across a wide range of \dot{V}_A/\dot{Q} heterogeneity and FIO_2 , using a simple modification of the alveolar gas equation (Equation 2a) and should be considered as a more coherent solution to the problem of calculation of ideal alveolar oxygen.

AUTHOR CONTRIBUTIONS

Philip Peyton conceived and designed research; performed experiments; analyzed data; interpreted results of experiments; prepared figures; drafted manuscript; edited and revised manuscript; and approved final version of manuscript.

FUNDING INFORMATION

This work was supported by a Project Grant DJ17/006 from the Australian and New Zealand College of Anaesthetists Research Foundation.

CONFLICT OF INTEREST STATEMENT

Philip Peyton has received research consultancy payments from Maquet Critical Care/Getinge for an unrelated project.

DATA AVAILABILITY STATEMENT

Expressions of interest for data availability can be directed to the author.

ORCID

Philip J. Peyton  <https://orcid.org/0000-0003-1185-2869>

REFERENCES

- Berggren, S. M. (1942). The oxygen deficit of arterial blood caused by non-ventilating parts of the lung. *Acta Physiologica Scandinavica*, 4, 1–92.
- Bohr, C. (1891). Über Die Lungenathmung. *Skand Arch Physiol*, 2, 236–268.
- Enghoff, H. (1938). Volumen inefficax: Bemerkungen zur Frage des schädlichen Raumes. *Uppsala Läk Förl Förl*, 169, 292.
- Farhi, L. E. (1967). Elimination of inert gas by the lung. *Respiration Physiology*, 3, 1–11.
- Farhi, L. E., & Yokoyama, T. (1967). Effects of ventilation-perfusion inequality on elimination of inert gases. *Respiration Physiology*, 3, 12–20.
- Fenn, W. O., Rahn, H., & Otis, A. B. (1946). A theoretical study of the composition of the alveolar air at altitude. *The American Journal of Physiology*, 146, 637–653.
- Kelman, G. R. (1966). Digital computer subroutine for the conversion of oxygen tension into saturation. *Journal of Applied Physiology*, 21, 1375–1376.
- Kelman, G. R. (1967). Digital computer procedure for the conversion of PCO_2 into blood CO_2 content. *Respiration Physiology*, 3, 111–115.
- Lynch, J. P., Mhyre, J. G., & Dantzker, D. R. (1979). Influence of cardiac output on intrapulmonary shunt. *Journal of Applied Physiology: Respiratory, Environmental and Exercise Physiology*, 46(2), 315–321.
- Nunn, J. (1993). *Nunn's Applied Respiratory Physiology* (4th ed., pp. 195–197). Butterworth-Heinemann.
- Olszowska, A. J., & Wagner, P. D. (1980). Numerical analysis of gas exchange. In J. B. West (Ed.), *Pulmonary gas exchange* (Vol. 263, pp. 275–276). Academic Press Publishers.
- Peyton, P., Hendrickx, J., Grouls, R. J. E., Van Zundert, A., & De Wolf, A. (2020). End-tidal to arterial gradients and alveolar deadspace for anesthetic agents. *Anesthesiology*, 133(3), 534–547.
- Peyton, P., Poustie, S., Robinson, G., Penny, D., & Thompson, B. (2005). Non-invasive measurement of intrapulmonary shunt during inert gas rebreathing. *Physiological Measurement*, 26(3), 309–316.
- Peyton, P., Robinson, G., McCall, P., & Thompson, B. (2004). Non-invasive measurement of intrapulmonary shunting. *Journal of Cardiothoracic and Vascular Anesthesia*, 18(1), 47–52.
- Peyton, P., Robinson, G., & Thompson, B. (2001). The effect of ventilation-perfusion inhomogeneity and nitrous oxide on oxygenation in Anaesthesia: Physiological modeling of gas exchange. *Journal of Applied Physiology*, 91, 17–25.
- Peyton, P. J. (2021). Ideal alveolar gas defined by modal gas exchange in ventilation-perfusion distributions. *Journal of Applied Physiology*, 131, 1831–1838.
- Quan, S. F., Kronberg, G. M., Schlobohm, R. M., Feeley, T. W., Don, H. F., & Lister, G. (1980). Changes in venous admixture with alterations of inspired oxygen concentration. *Anesthesiology*, 52(6), 477–482.
- Riley, R. L., & Cournand, A. (1949). ‘Ideal’ alveolar air and the analysis of ventilation-perfusion relationships in the lungs. *Journal of Applied Physiology*, 1(12), 825–847.
- Riley, R. L., Lilienthal, J. L., Proemmel, D. D., & Franke, R. E. (1946). On the determination of the physiologically effective pressures of oxygen and carbon dioxide in alveolar air. *The American Journal of Physiology*, 147, 191–198.
- Siggaard-Andersen, O. (1974). *The Acid-Base Status Of The Blood* (4th ed., pp. 51–63). Munksgaard.
- Tusman, G., Sipmann, F. S., & Bohm, S. H. (2012). Rationale of dead space measurement by volumetric capnography. *Anesthesia and Analgesia*, 114, 866–874.
- Wagner, P. D., Malhotra, A., & Prisk, G. K. (2022). Using pulmonary gas exchange to estimate shunt and deadspace in lung disease: Theoretical approach and practical basis. *Journal of Applied Physiology*, 132, 1104–1113.
- West, J. B. (1969). Ventilation-perfusion inequality and overall gas exchange in computer models of the lung. *Respiration Physiology*, 7, 88–110.
- West, J. B., Liu, M. A., Stark, P. C., & Prisk, G. K. (2020). Measuring the efficiency of pulmonary gas exchange using expired gas instead of arterial blood: Comparing the “ideal” PO_2 of Riley with end-tidal PO_2 . *American Journal of Physiology. Lung Cellular and Molecular Physiology*, 319, L289–L293.

Whiteley, J. P., Gavaghan, D. J., & Hahn, C. E. W. (2002). Variation of venous admixture, SF₆ shunt, PaO₂, and the PaO₂/FIO₂ ratio with FIO₂. *British Journal of Anaesthesia*, 88(6), 771–778.

SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

How to cite this article: Peyton, P. J. (2023). A modal definition of ideal alveolar oxygen. *Physiological Reports*, 11, e15787. <https://doi.org/10.14814/phy2.15787>

APPENDIX 1

A: Derivation of the alveolar gas equation for the whole lung

The derivation of the alveolar gas equation is based upon simple mass balance in the lung, and here uses the expanded form of the alveolar gas equation which incorporates adjustment for the differences between inspired and expired alveolar tidal ventilation volumes. Barometric pressure PB is considered to be corrected for saturated water vapor pressure.

In a lung ventilated with a given FIO₂, oxygen uptake rate $\dot{V}O_2$ is given by

$$\dot{V}AI \cdot FIO_2 \cdot PB - \dot{V}A \cdot PAO_2 = \dot{V}O_2 \cdot PB$$

and CO₂ elimination rate $\dot{V}CO_2$ is given by

$$\dot{V}A \cdot PACO_2 = \dot{V}CO_2 \cdot PB$$

where PAO₂ and PACO₂ are mixed alveolar partial pressures of O₂ and CO₂, $\dot{V}A$ is expired alveolar ventilation rate and inspired alveolar ventilation rate $\dot{V}AI$ is

$$\dot{V}AI = \dot{V}A + \dot{V}O_2 - \dot{V}CO_2$$

Given that the respiratory exchange ratio R is

$$R = \dot{V}CO_2 / \dot{V}O_2$$

then

$$PAO_2 = FIO_2 \cdot PB - PACO_2 / \left(R - [FIO_2 \cdot PACO_2] \cdot \left(1 - \frac{1}{R} \right) \right)$$

The term in square brackets is often left out to provide the simplified form of the alveolar gas equation (where the difference between $\dot{V}AI$ and $\dot{V}A$ in the lung overall is ignored).

Note that substitution of PACO₂ with PaCO₂ is commonly done in practice:

$$PAO_2 = FIO_2 \cdot PB - PaCO_2 / \left(R - [FIO_2 \cdot PaCO_2] \cdot \left(1 - \frac{1}{R} \right) \right)$$

B: Calculation in any lung compartment

Within any lung compartment n , the same mass balance derivation applies.

$$\dot{V}AI_n \cdot FIO_2 \cdot PB - \dot{V}A_n \cdot Pc'O_2n = \dot{V}O_2n \cdot PB$$

and CO₂ elimination $\dot{V}CO_2n$ is given by

$$\dot{V}A_n \cdot Pc'CO_2n = \dot{V}CO_2n \cdot PB$$

where $Pc'O_2n$ and $Pc'CO_2n$ are equilibration alveolar-capillary partial pressures of O₂ and CO₂, $\dot{V}A_n$ is expired alveolar ventilation rate in lung compartment n , and inspired alveolar ventilation rate $\dot{V}AI_n$ is

$$\dot{V}AI_n = \dot{V}A_n + \dot{V}O_2n - \dot{V}CO_2n$$

Given that the respiratory exchange ratio R_n for lung compartment n is

$$R_n = \dot{V}CO_2n / \dot{V}O_2n$$

then

$$Pc'O_2n = FIO_2 \cdot PB - Pc'CO_2n / R_n - [FIO_2 \cdot Pc'CO_2n \cdot (1 - 1/R_n)] \quad (A1n)$$

In similar fashion to Equation A1, approximation of $Pc'CO_2n$ with $Pc'CO_2$ gives

$$Pc'O_2n = FIO_2 \cdot PB - PACO_2n / R_n - [FIO_2 \cdot PACO_2n \cdot (1 - 1/R_n)]$$

C: Three-compartment (Riley) model calculation

Within an “ideal” lung compartment, the same mass balance derivation applies where all respiratory gas exchange ($\dot{V}O_2$ and $\dot{V}CO_2$) is considered to take place.

$$\dot{V}AI_{ideal} \cdot FIO_2 \cdot PB - \dot{V}A_{ideal} \cdot PAO_{2ideal} = \dot{V}O_2 \cdot PB$$

and CO₂ elimination $\dot{V}CO_2$ is given by

$$\dot{V}A_{ideal} \cdot PACO_{2ideal} = \dot{V}CO_2 \cdot PB$$

Given that

$$\dot{V}AI_{ideal} = \dot{V}A_{ideal} + \dot{V}O_2 - \dot{V}CO_2$$

and

$$R = \dot{V}CO_2 / \dot{V}O_2$$

then

$$PAO_2^{ideal} = FIO_2 \cdot PB - PACO_2^{ideal} / R - [FIO_2 \cdot PACO_2^{ideal} \cdot (1 - 1/R)] \quad (A1)$$

In similar fashion to above, approximation of $PACO_2^{ideal}$ with $PaCO_2$ gives

$$PAO_2^{ideal} = FIO_2 \cdot PB - PaCO_2 / R - [FIO_2 \cdot PaCO_2 \cdot (1 - 1/R)] \quad (A1a)$$

APPENDIX 2

Multicompartment model structure

Model of theoretical distributions of $\dot{V}A$ and \dot{Q} : The multicompartment computer model of $\dot{V}A / \dot{Q}$ scatter used in the study generated unimodal idealized lognormal distributions across N lung compartments n of blood flow (Qn) and expired alveolar ventilation $\dot{V}An$, with the degree of $\dot{V}A / \dot{Q}$ scatter quantified by the log standard deviation (log SD) of the distribution of either $\dot{V}A$ and \dot{Q} according to the method described by West (Kelman, 1966, 1967; Olszowska & Wagner, 1980; Peyton et al., 2020). Hundred lung compartments were used for the current study to minimize quantization error in output variables from the model. A proportion of blood flow could be diverted to an additional true shunt compartment. The model makes no attempt to incorporate longitudinal inhomogeneity or stratification of ventilation distribution, and focuses solely on alveolar-capillary gas exchange calculations.

For any given set of distributions of $\dot{V}A$ and \dot{Q} , steady-state gas exchange assuming a continuous flow principle with full equilibration between blood and alveolar gas in each lung compartment, was computed from mass balance according to the Fick principle simultaneously for every alveolar gas using an iterative method, as described by Olszowska and Wagner (Siggaard-Andersen, 1974), incorporating the dissociation curve for O_2 and CO_2 according to the equations of Kelman (Fenn et al., 1946; Wagner et al., 2022) using a previously published algorithm. This determines interdependent oxygen and carbon dioxide partial pressures across a wide range of $\dot{V}A / \dot{Q}$ ratios and compartmental acid-base status using arterial base excess (BE) incorporating the formula described by Siggaard-Andersen (Kelman, 1966; Quan et al., 1980).

Inputs to the calculation were inspired and mixed venous partial pressures for each gas G (PIG and PvG). For each gas species, O_2 , CO_2 , and nitrogen, gas exchange in each lung compartment n ($\dot{V}Gn$) was calculated according to the mass balance principle

$$\dot{V}Gn \cdot PB = \dot{V}AIn \cdot PIG - \dot{V}An \cdot Pc'Gn = \dot{Q} \cdot (Cc'Gn - C\bar{v}G)$$

Where $\dot{V}AIn$ was the inspired alveolar ventilation rate for compartment n , $Pc'Gn$, and $Cc'Gn$ were equilibrated partial pressures of alveolar gas and end-capillary blood

and corresponding end-capillary blood gas content, respectively, $C\bar{v}G$ was mixed venous blood content of G , and

where for each inert gas, $Cc'Gn = \lambda b / gG \cdot Pc'Gn / PB$ and $C\bar{v}G = \lambda b / gG \cdot P\bar{v}G / PB$.

Outputs from the model were the distributions of $Pc'Gn$, $Cc'Gn$, and $\dot{V}Gn$ of each gas. Mixed alveolar gas partial pressure (PAG) and arterial partial pressure (PaG) and content (CaG) were calculated from the flow weighted means of these outputs from all lung compartments, including mixed venous blood from true shunt, according to

$$\Sigma(\dot{V}An \cdot Pc'Gn) / \Sigma \dot{V}An = PAG$$

$$\Sigma(\dot{Q}n \cdot Cc'Gn) / \Sigma \dot{Q}n = CaG$$

and total gas exchange for each gas ($\dot{V}G$) was

$$\dot{V}G = \Sigma \dot{V}Gn.$$

Because measurements for total oxygen uptake rate ($\dot{V}O_2$) and CO_2 elimination rate ($\dot{V}CO_2$) were made in all patients, a further step was added where total inspired $\dot{V}AI$, mixed venous partial pressures $P\bar{v}O_2$, and $P\bar{v}CO_2$ were varied iteratively using modified continuous bisection so as to achieve the target values. The model was constructed on a graphical user interface using LabVIEW 2011 (National Instruments, TX) (Kelman, 1966; Olszowska & Wagner, 1980).

Shunt fraction ($\dot{Q}s / \dot{Q}t$) was calculated from O_2 content in blood using the shunt equation of Berggren.

$$\dot{Q}s / \dot{Q}t = \frac{Cc'O_2 - CaO_2}{Cc'O_2 - C\bar{v}O_2}$$

End-capillary oxygen content $Cc'O_2$ was obtained from the equations of Kelman which estimate O_2 hemoglobin saturation $Sc'O_2$ from oxygen partial pressure, using ideal PAO_2 from Equation A1.

$$Cc'O_2 = 1.34 \cdot Sc'O_2 + 0.003 \cdot PAO_2$$

Alveolar dead space fraction was calculated using the Enghoff modification of the Bohr equation.

$$VDA/VA = 1 - PACO_2/PaCO_2$$

APPENDIX 3

Clinical in vivo data collection protocol

Anesthesia management consisted of routine patient cardiovascular monitoring with placement of peripheral arterial and pulmonary artery catheters, along with continuous tidal gas concentration monitoring and arterial and mixed venous blood gas analysis. Following intravenous induction of anesthesia and tracheal intubation, the patient was connected to a circle breathing system with fresh carbon dioxide absorber to eliminate carbon dioxide rebreathing. Tidal volume was set at 7–10 mL/kg, and respiratory rate set so as to achieve an end-tidal carbon dioxide partial pressure (PEtCO₂) of 25–35 mm Hg, with an inspired to expired (I:E) ratio that ensured a smooth and flat phase 3 plateau on the capnogram, allowing accurate determination of end-tidal gas partial pressures. Maintenance anesthesia consisted of inhalational anesthetic agent without nitrous oxide. Delivered concentrations of oxygen were set to achieve an FIO₂ of 0.30–0.50 in the first study and 0.50–0.60 in the second study, with anesthesia provided by a volatile anesthetic agent with or without supplementary intravenous propofol infusion and opioid to maintain adequate depth of anesthesia.

During near steady-state maintenance phase anesthesia, between 30 and 90 min postinduction of anesthesia and prior to cardiopulmonary bypass, and during a period of stability (less than 10% change over at least a 5 min period of time) in ventilation settings, heart rate,

mean arterial blood pressure, and end-expired concentration of carbon dioxide and volatile agent, cardiac output (\dot{Q}_t) was measured by right heart thermodilution, and simultaneous paired arterial and mixed venous blood samples were collected, along with recording of inspired and end-tidal concentrations of oxygen and carbon dioxide by sidestream gas sampling using a Datex-Ohmeda Capnomac Ultima gas analyzer (GE Healthcare, Madison WI) calibrated across the full range of measured gas concentrations encountered. End-tidal concentrations were measured at the midpoint of the Phase 3 plateau of the CO₂ expirogram, which approximates the point recommended by recent authors as that representing mixed or mean alveolar gas even in the presence of a phase 3 slope. This was connected to a notebook computer (Macbook Air, Apple Corp, Cupertino, CA) running LabVIEW software (National Instruments, Austin TX), via an analog-digital converter card (USB 6009, National Instruments, Austin TX). Blood samples were processed for measurement of respiratory blood gases on a Radiometer ABL gas analyzer calibrated according to manufacturer's specifications.

$\dot{V}CO_2$ and $\dot{V}O_2$ were calculated from measured thermodilution cardiac output \dot{Q}_t using the Fick equation and from the measured values obtained on blood gas analysis for arterial and mixed venous O₂ and CO₂ content. $\dot{V}A$ was calculated from the ratio of $\dot{V}CO_2$ to end-tidal CO₂ concentration. PAO₂ was calculated from Equation A1 and Equation A1a. End-capillary oxygen content Cc'O₂ was obtained from the equations of Kelman which estimate O₂ hemoglobin saturation from oxygen partial pressure, using the PAO₂ from Equation A1. (Peyton et al., 2001) Shunt fraction (\dot{Q}_s/\dot{Q}_t) was then calculated using the shunt equation.